

**Kelly Smith**  
Curriculum Vitae

Department of Human Development and Quantitative Methodology  
3304 Benjamin Building, College Park, MD 20742  
*Email: ksmith56@umd.edu*

**EDUCATION**

- Ph.D. Human Development**, University of Maryland, expected 2020.  
Specializations: Developmental Science  
Measurement, Statistics and Evaluation (certificate)  
Advisor: Kenneth H. Rubin, Ph.D.  
Title of Dissertation: *A Comparison of Adolescents' Face-to-Face and Virtual Peer Interactions*
- B.A. Psychology (*summa cum laude*)**, Georgetown University, 2014  
Undergraduate Honors Thesis: *The Baby Elmo Program: Improving Parenting Attitudes and Behavior of Incarcerated Teen Fathers*

**RESEARCH POSITIONS**

- 2014-Present Graduate Research Assistant  
Laboratory for the Study of Child and Family Relationships  
*Department of Human Development and Quantitative Methodology*  
University of Maryland  
Faculty Advisor: Dr. Kenneth Rubin
- 2012-2014 Undergraduate Research Assistant  
Georgetown Early Learning Project  
*Department of Psychology*  
Georgetown University  
Faculty Advisor: Dr. Rachel Barr
- 2013 Undergraduate Research Assistant  
Culture and Emotion Lab  
*Department of Psychology*  
Georgetown University  
Faculty Advisor: Dr. Yulia Chentsova Dutton

**TEACHING POSITIONS**

- 2014-2015 Graduate Teaching Assistant  
Department of Human Development and Quantitative Methodology  
University of Maryland
- 2014 Undergraduate Teaching Assistant  
Psychology Department  
Georgetown University

2012-2014 French and Spanish Tutor  
Academic Resource Center  
Georgetown University

## PUBLICATIONS

- Smith, K. A.**, Hastings, P. D., Henderson, H., & Rubin, K. (2019). Multidimensional emotion regulation moderates the relation between behavioral inhibition at age 2 and social reticence with unfamiliar peers at age 4. *Journal of Abnormal Child Psychology*, *47*, 1239-1251.  
<https://doi.org/10.1007/s10802-018-00509-y>
- Hastings, P., Rubin, K.H., **Smith, K. A.** & Wagner, N.J. (2019). Parents of behaviorally inhibited and socially withdrawn children. In M. Bornstein (Ed.), *Handbook of parenting* (3<sup>rd</sup> ed). New York: Routledge.
- Rubin, K. H., Barstead, M. G., **Smith, K. A.**, & Bowker, J. C. (2018). Peer relations and the behaviorally inhibited child. In K. Perez-Edgar & N.A. Fox (Eds.), *Behavioral inhibition: integrating theory, research, and clinical perspectives* (pp. 157-184). New York: Springer.  
[https://doi.org/10.1007/978-3-319-98077-5\\_8](https://doi.org/10.1007/978-3-319-98077-5_8)
- Rubin, K. H. & **Smith, K. A.** (2018). Play. In M. Bornstein, Arterberry, M.E., Fingerman, K.L., & Lansford, J.E. (Eds). *The SAGE encyclopedia of lifespan human development*. (pp. 1671-1672). Thousand Oaks, CA: Sage. <http://dx.doi.org/10.4135/9781506307633.n625>
- Barstead, M. G., **Smith, K. A.**, Laursen, B., Booth-LaForce, C., King, S., & Rubin, K. H. (2018). Shyness, preference for solitude, and adolescent internalizing: the roles of maternal, paternal, and best-friend support. *Journal of Research on Adolescence*, *28*, 488-504.  
<https://doi.org/10.1111/jora.12350>
- Smith, K. A.**, Barstead, M. G., & Rubin, K. H. (2017). Neuroticism and conscientiousness as moderators of the relation between social withdrawal and internalizing problems. *Journal of Youth and Adolescence*, *46*, 772-786. <https://doi.org/10.1007/s10964-016-0594-z>
- Rubin, K.H., Barstead, M. G., & **Smith, K. A.** (2016). Shyness in young children. In D. Couchenour (Ed.). *The SAGE encyclopedia of contemporary early childhood education*. (pp. 1221-1225). Thousand Oaks, CA: Sage.
- Richeda, B., **Smith, K.**, Perkins, E., Simmons, S., Cowan, P., Cowan, C., Rodriguez, J., Shauffer, C., & Barr, R. (2015). Baby Elmo leads dads back to the nursery: How a relationship-based intervention for fathers enhances father and child outcomes. *Zero to Three*, 25-35.

## MANUSCRIPTS IN PREPARATION

- Smith, K. A.**, Druskin, L., & Rubin, K. (in preparation). Extraversion, agreeableness, and conscientiousness as predictors of peer-reported social behaviors.
- Novick, D. R., Barstead, M. G., **Smith, K. A.**, Danko, C. M., Druskin, L. R., Badders, R. N., Wagner, N. J., Dougherty, L. R., Coplan, R. J., Rubin, K. H., & Chronis-Tuscano, A. (in preparation). Predictors and moderators of parent engagement in early interventions for behaviorally inhibited

preschool-age children.

Fleece, H. M., **Smith, K. A.**, Druskin, L. R., & Rubin, K.H. Parental monitoring exacerbates anxiety symptoms in anxiously withdrawn adolescents.

## **RESEARCH PRESENTATIONS**

Druskin, L. R., **Smith, K. A.**, Novick, D. R., Barstead, M. G., Danko, C. M., Badders, R., Wagner, N. J., Dougherty, L. R., Chronis-Tuscano, A., Rubin, K. H. (2019, November). *The moderating effects of parent and child anxiety on the association between physiological regulation and parental accommodation*. Poster to be presented at the 53<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.

Druskin, L. R., **Smith, K. A.**, Novick, D. R., Fleece, H. M., Pham, S. N., Chronis-Tuscano, A., & Rubin, K. H. (2019, November). *In the eye of the beholder: Parent perceptions more highly predict their accommodations of child anxiety than naturalistic observations*. Poster to be presented at the 53<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Meeting of the Child & Adolescent Anxiety Special Interest Group (SIG), Atlanta, GA.

Fleece, H. M., **Smith, K. A.**, Druskin, L. R., Pham, S. N., Chronis-Tuscano, A., & Rubin, K. H. (2019, November). *Observed social behavior of preschool children with parents with internalizing disorders*. Poster to be presented at the 53<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.

Novick, D. R., Barstead, M. G., **Smith, K. A.**, Danko, C. M., Rubin, K. H., Badders, R. N., Druskin, L. R., Wagner, N. J., Dougherty, L., Coplan, R. J., Chronis-Tuscano, A. (2019, November). *Predictors and moderators of parent engagement in early intervention programs for behaviorally inhibited preschool age children*. Poster to be presented at the 53<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.

Fleece, H.M., **Smith, K.A.**, & Rubin, K.H. Parental monitoring exacerbates anxiety symptoms in anxiously withdrawn adolescents. Poster presented at the 31st APS Annual Convention, Washington, D.C. (May 2019).

Druskin, L. R., Barstead, M. G., Novick, D. R., **Smith, K. A.**, Fleece, H. M., Wagner, N. J., Danko, C. D., Chronis-Tuscano, A., & Rubin, K. H. Parasympathetic control moderates inhibited children's susceptibility to parental influences on play behaviors. Poster presented at the 31st APS Annual Convention, Washington, D.C. (May 2019).

**Smith, K.**, Druskin, L., & Rubin, K. (2019, March). *Associations between extraversion, agreeableness, and conscientiousness and peer-reported social behaviors*. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Delinski, E., **Smith, K.**, Rubin, K., Wagner, N., Danko, C., & Chronis-Tuscano, A. (2019, March). *Parenting of behaviorally inhibited children: A comparison of perceived parenting values and observed parenting behaviors*. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Novick, D.R., Danko, C.M., Barstead, M.G., Badders, R.N., Clinton, R., Wang, C.H., **Smith, K.A.**,

Wagner, N.J., Dougherty, L., Coplan, R.J., Rubin, K.H., & Chronis-Tuscano, A. (2018, November). *Predictors and Moderators of Treatment Attendance in Early Intervention Programs for Behaviorally Inhibited Preschool Children*. Poster presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

Wang, C. H., Danko, C. M., Badders, R. N., Clinton, R., Novick, D. R., Barstead, M. G., Wagner, N. J., **Smith, K. A.**, Dougherty, L. R., Rubin, K. H., & Chronis-Tuscano, A. (November, 2018) *Maternal and Paternal Anxiety Disorders and Early Intervention Outcomes for Behaviorally Inhibited Preschool Children*. Poster presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

Chronis-Tuscano, A., Danko, C. M., Novick, D. R., Wagner, N. J., Barstead, M. G., Wang, C. H., **Smith, K. A.**, Badders, R., O'Brien, K., Dougherty, L. R., Coplan, R., & Rubin, K. H. (2018, June). *The Turtle Program: PCIT for Young Children Displaying Behavioral Inhibition*. Paper presented at the Inaugural Parent Child Interaction Therapy World Congress, Schweinfurt, Germany.

Swenson, N., **Smith, K.**, & Rubin, K. (2018, May). *The facets of conscientiousness as moderators between shyness versus preference-for-solitude and internalizing symptoms in adolescence*. Poster presented at the Association for Psychological Science Annual Convention, San Francisco, CA.

Hinkle, E., **Smith, K.**, & Rubin, K. (2018, May). *Domain-specific self-esteem and internalizing symptoms across the transition from middle school to high school: The moderating role of perceived domain importance*. Poster presented at the Association for Psychological Science Annual Convention, San Francisco, CA.

**Smith, K.** & Rubin, K. (2018, April). *Sports participation as a moderator of associations between social withdrawal and peer victimization*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

**Smith, K.**, Barstead, M., & Rubin, K. (2018, April). *Social and emotional correlates of introversion trajectories across adolescence*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

Clinton, R., Wagner, N., **Smith, K.**, & Rubin, K. (2018, April). *Associations between changes in maternal restrictiveness and children's anxiety across the transition to high school*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

Gabriel, C., **Smith, K.**, & Rubin, K. (2018, April). *Physical activity predicting internalizing across the high school transition*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

Chronis-Tuscano, A., Danko, C. M., Wagner, N.J., Barstead, M. G., Novick, D. R., **Smith, K. A.**, Teetsel, R. N., Dougherty, L. R., O'Brien, K. A., & Rubin, K. H. (2017, November). *Multi-modal early intervention program for behaviorally inhibited preschoolers*. Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Danko, C. M., Barstead, M. G., Wagner, N. J., Wang, C. W., Novick, D. R., Badders, R. N., **Smith, K.**

- A., Dougherty, L. R., Rubin, K. H., & Chronis-Tuscano, A. (2017, September). *The effects of family accommodation on intervention outcomes for behaviorally inhibited young children*. Poster presented at the Biennial PCIT International Convention, Traverse City, MI.
- Danko, C. M., Wagner, N. J., Barstead, M. G., Novick, D. R., Badders, R. N., **Smith, K. A.**, Wang, C. W., Dougherty, L. R., Rubin, K. H., & Chronis-Tuscano, A. (2017, June). *Response to early intervention for behavioral inhibition is moderated by parental anxiety*. Poster presented at The Journal of Clinical Child and Adolescent Psychology Future Directions Forum, College Park, MD.
- Gecht, A., **Smith, K.**, Barstead, M., & Rubin, K. (2017, May). *Parenting daily hassles as a moderator of the relation between social support and parenting behavior*. Poster presented at the Association for Psychological Science Annual Convention, Boston, MA.
- Hamburger, S., Barstead, M., **Smith, K.**, Wagner, N., Danko, C., Chronis-Tuscano, A., & Rubin, K. (2017, May). *Influence of baseline physiology of behaviorally inhibited preschool children involved in early intervention*. Poster presented at the Association for Psychological Science Annual Convention, Boston, MA.
- Barstead, M. G., Danko, C. M., Wagner, N. J., Novick, D. R., Teetsel, R. N., **Smith, K. A.**, Wang, C. W., Dougherty, L. R., Rubin, K. H., & Chronis-Tuscano, A. (2017, June). *Response to early intervention for behavioral inhibition is moderated by parental anxiety*. Paper presented at the meeting of the International Society for Research on Child and Adolescent Psychopathology, Amsterdam, Netherlands.
- Smith, K.**, Rubin, K., Hastings, P.D., & Henderson, H. (2017, April). *Emotion regulation as a moderator of the relation between behavioral inhibition and social reticence*. Poster presented at the biennial meeting of the Society for Research on Child Development, Austin, TX.
- Smith, K.**, Danko, C., Felton, J., & Rubin, K. (2017, April). *Parenting and friendship quality predicting internalizing problems across the high school transition*. Poster presented at the biennial meeting of the Society for Research on Child Development, Austin, TX.
- Aslan, O.M., **Smith, K.**, Barstead, M., & Rubin, K. (2017, April). *Family context moderates the relations between maternal neuroticism and parenting behavior*. Poster presented at the biennial meeting of the Society for Research on Child Development, Austin, TX.
- Novick, D. R., Danko, C.M., Mazursky-Horowitz, H., Wang, C.H., **Smith, K.**, O'Brien, K., Rubin, K.H., Chronis-Tuscano, A. (2016, October). *Homework completion in early-intervention programs for behaviorally inhibited preschool children*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Smith, K.**, Barstead, M., & Rubin, K. (2016, April). *Personality traits as moderators of the relation between social withdrawal and internalizing problems*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.
- Smith, K. (2014, April) *The Baby Elmo Program: Improving parenting attitudes and behavior of incarcerated teen fathers*. Poster presented at the Georgetown University Psychology Honors Symposium, Washington, DC.

Perkins, E., **Smith, K.**, Wellens, K., Morin, M., Speidel, R., Reilly, S., Shauffer, C., Richeda, B., Rodriguez, J., & Barr, R. (2014, April). *The Baby Elmo Program: Improving parenting attitudes and behavior of incarcerated teen fathers*. Poster presented at the Georgetown University Undergraduate Research Symposium, Washington, DC.

Perkins, E., **Smith, K.**, Wellens, K., Morin, M., Speidel, R., Reilly, S., Shauffer, C., Richeda, B., Rodriguez, J., & Barr, R. (2014, April). *The Baby Elmo Program: Improving attitudes, behaviors, and interactions*. Poster presented at the Gallaudet University Research Symposium, Washington, DC.

**Smith, K.**, Perkins, E., Wellens, K., Shauffer, C., Richeda, B., & Barr, R. (2014, March). *Facilitating parenting attitudes and behavior of incarcerated teen fathers*. Poster presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

Morin, M., Barr, R., Brito, N., Richeda, B., Golojuch, L., Gomez, N., Kalra, L., Jiang, J., Perkins, E., **Smith, K.**, Rodriguez, J., & Shauffer, C. (2013, March). *The Baby Elmo Program: Evaluating an intervention for incarcerated teen fathers*. Poster presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.

#### **MENTORING EXPERIENCE: Undergraduate/Post-baccalaureate Student Advising**

- 2016            Samantha Kravitz  
Thesis topic: Relations between anxiety and parenting behaviors in adolescence
- 2017            Amanda Gecht\*  
Thesis topic: Stress and critical life events as moderators of maternal depression on parenting behavior
- 2018            Lindsay Druskin  
Thesis topic: Adolescent friendship quality as a moderator of the relation between mother- and father-child attachment and internalizing symptoms
- Hailey Fleece  
Thesis topic: Observed parenting behaviors of parents of socially withdrawn adolescents
- Caroline Gabriel\*  
Thesis topic: Physical activity predicting internalizing across the high school transition
- Alyssa Goldsmith  
Review topic: Paternal attachment styles with their children and their effect on peer friendships at the transition from elementary to middle school
- Molly Higgins  
Thesis topic: Neuroticism and conscientiousness predicting externalizing behavior in high school
- Erika Hinkle\*  
Thesis topic: Domain-specific self-esteem and internalizing symptoms across the

transition from middle school to high school: The moderating role of perceived domain importance

Naomi Swenson\*

Thesis topic: The facets of conscientiousness as moderators between shyness versus preference-for-solitude and internalizing symptoms in adolescents

2019

Emily Delinski\*

Thesis topic: Parenting and preschool shyness: An observational study of children's play among familiar and unfamiliar peers

Hannah Brockstein

Thesis topic: Social information processing as a moderator of associations between attention problems and peer rejection

\* Denotes students who presented their thesis project at a conference

## **EDITORIAL AND REVIEW EXPERIENCE**

Ad-hoc Reviewer

*Developmental Psychology*

*Journal of Abnormal Child Psychology*

## **FELLOWSHIPS, HONORS AND AWARDS**

- 2019            Beaumont Dissertation Award (\$10,000 award from the Department of Human Development and Quantitative Methodology to fund dissertation research)
- 2018            Outstanding Graduate Assistant Award
- 2017            Jacob K. Goldhaber Travel Grant (\$400 in travel funding from the University of Maryland Graduate School)
- 2016            National Science Foundation Graduate Research Fellowship Honorable Mention
- 2014-2016      University of Maryland Dean's Fellowship
- 2014-2015      University of Maryland Graduate Merit Fellowship
- 2014            Phi Beta Kappa, Georgetown University
- 2012            Psi Chi, Georgetown University

## **PROFESSIONAL MEMBERSHIPS**

Society for Research on Adolescence

Society for Research in Child Development

Psi Chi, The National Psychology Honor Society